

Protect Yourself and Your Loved Ones



Who

What

When

Influenza (Flu)		COVID-19	Respiratory Syncytial Virus (RSV)			Pneumococcal Disease (Pneumonia)
Everyone age 6 months and older		People at high risk Anyone 6 months+ who wants to be vaccinated	Adults 75+ Adults 50-74 with certain risk factors	Pregnant women	Infants	Children ≤ 5 years Adults 50+ People with certain medical conditions
Annual vaccine Nasal spray option for: • Healthy people age 2-49 who are not pregnant		Annual updated vaccine • Children 6-23 months • Pregnant women • Adults age 19+ • People who are immunocompromised	1 vaccine (lifetime)	1 vaccine (lifetime)	1 antibody (for infants born to mothers who were not vaccinated against RSV)	Vaccine series for young children 1 vaccine for adults
Fall/Winter		Any time of the year	Fall/Winter	September-March	Typically October-March	Any time of the year

Learn more: www.nfid.org/immunization