

5 THINGS YOU NEED TO KNOW ABOUT MEASLES

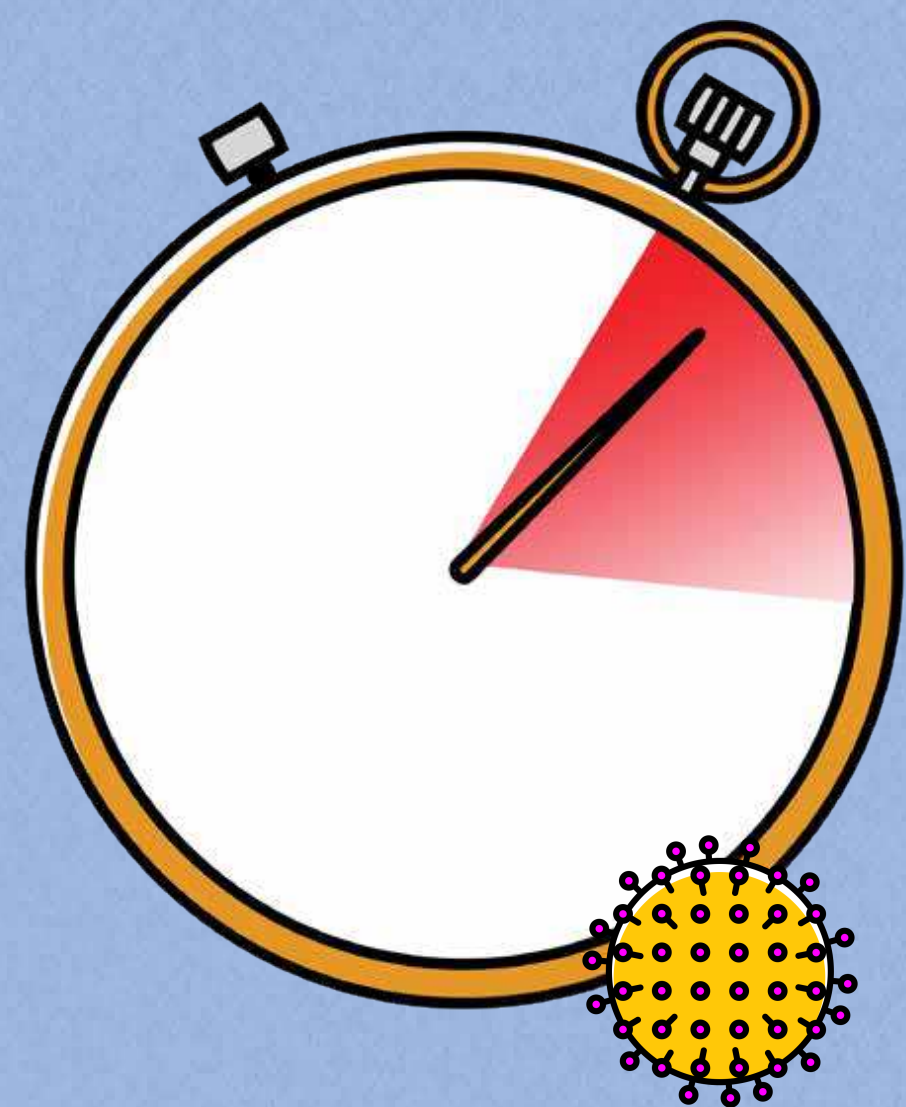
WHAT IS MEASLES?

Measles is a **highly contagious respiratory disease** that can result in severe, sometimes permanent complications including:

- PNEUMONIA
- HOSPITALIZATION
- BRAIN SWELLING
- DEATH

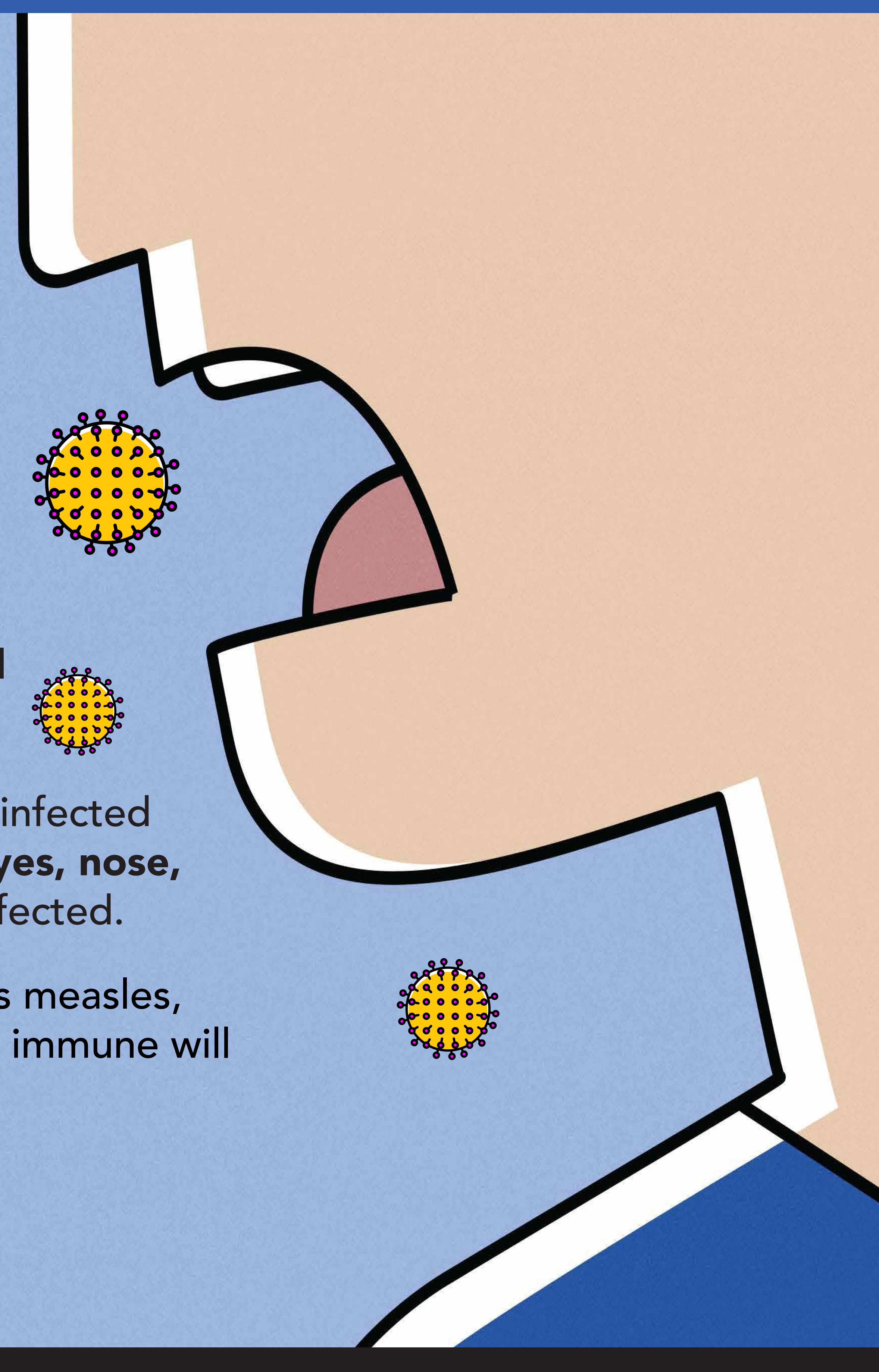
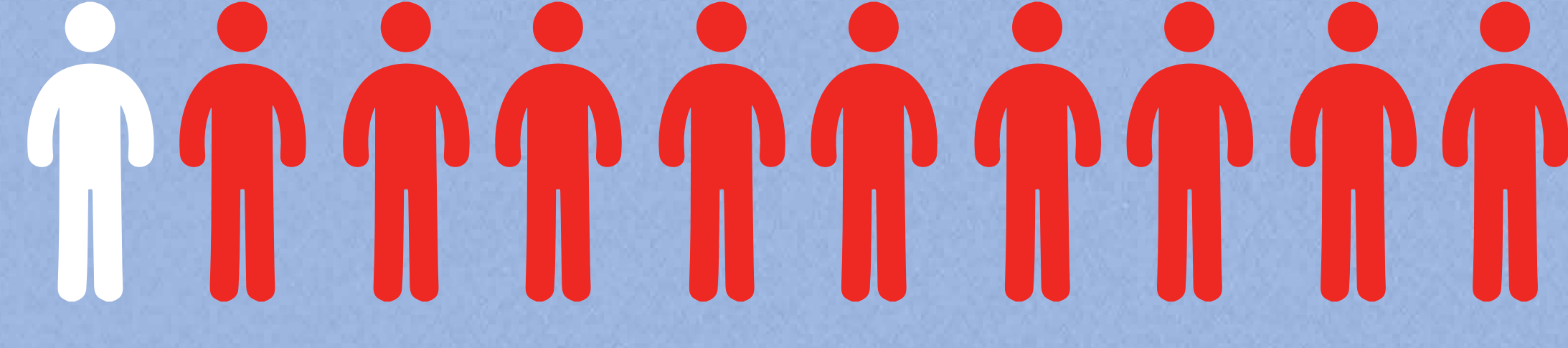
HOW IS MEASLES SPREAD?

Measles is highly contagious, and **spreads easily** when an infected person **breathes or coughs**.



The measles virus can **live for up to 2 HOURS** on a surface or in the air where the infected person coughed or sneezed. If other people **breathe** the contaminated air or **touch** the infected surface and then touch their **eyes, nose, or mouth**, they can become infected.

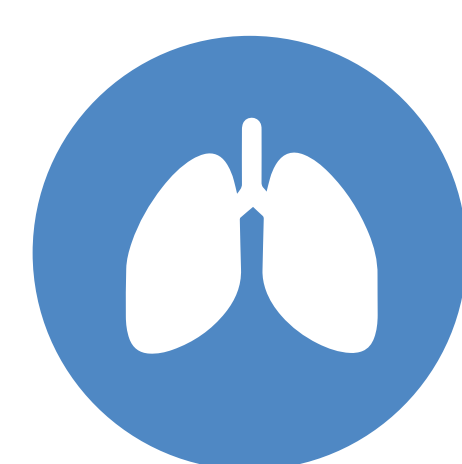
Measles is so contagious, that if an individual has measles, up to **9 in 10** of their close contacts who are not immune will also become infected.



WHAT ARE THE RISKS?



About **1 in 5** people in the US who get measles will be **hospitalized**



As many as **1 in 20** children with measles gets pneumonia



1 out of every 1,000 people with measles will develop **brain swelling**, which could lead to **brain damage**



As many as 3 out of 1,000 people with measles will **die**, even with the best care



HOW CAN I PROTECT MYSELF & MY FAMILY AGAINST MEASLES?

GET VACCINATED!

DOSE

1

2

2 DOSES of measles vaccine are recommended to provide protection against measles

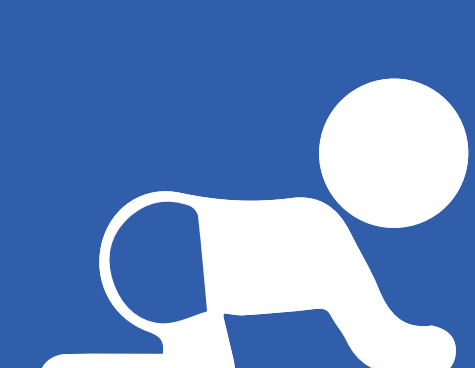
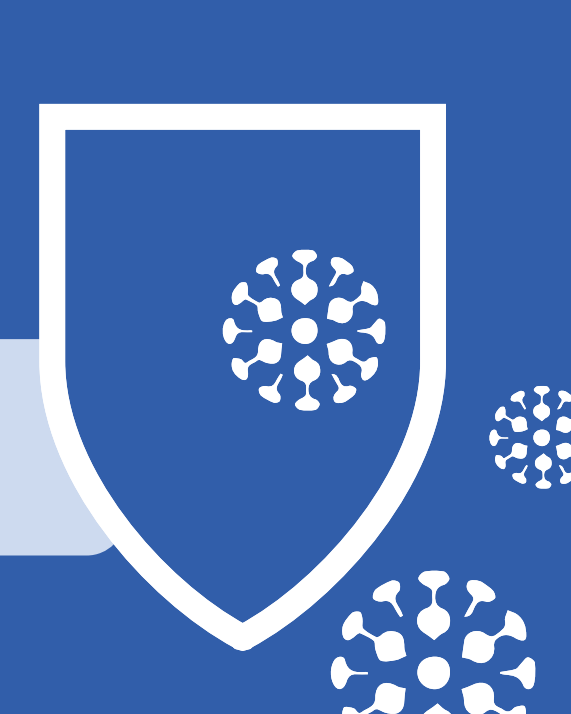
WHO CANNOT BE VACCINATED?

Some people **cannot** be vaccinated and **depend on others** getting vaccinated to help protect them



PREGNANT WOMEN

PEOPLE WITH WEAKENED IMMUNE SYSTEMS



CHILDREN TOO YOUNG TO BE VACCINATED

#GetVaccinated to #PreventMeasles



LEARN MORE AT www.nfid.org/measles