PROTECT YOUR PATIENTS WITH DIABETES FROM FLU & RELATED COMPLICATIONS

There are many important things you advise patients to do to stay healthy:

- Eat a Balanced Diet
- Exercise
- Monitor and Control Blood Sugar
- Take Medication as Prescribed

Annual flu vaccination is just as important in treating patients with diabetes.

EVEN WHEN CHRONIC CONDITIONS ARE WELL MANAGED, FLU CAN WORSEN SYMPTOMS AND LEAD TO LIFE-THREATENING COMPLICATIONS, INCLUDING:

- Heart Attack and Stroke
- Worsening of Diabetes (Poor Glycemic Control)
- Permanent Physical Decline
- Hospitalization and Death

34+ million US adults have diabetes and are 6x more likely to be hospitalized and 3x more likely to die from flu-related complications.

LEARN MORE AT www.nfid.org/loweryourflurisk #LowerYourFluRisk