Because of their chronic health conditions, they are at high risk for serious flu-related complications:

- Worsening of chronic health condition
- Disability
- Hospitalization
- Death

What do they all have in common?

Susan, Age 75
HEART DISEASE

Janet, Age 50
HIV/AIDS

Jake, Age 62
OBESE (BMI≥40)

Darrell, Age 57
ASTHMA

Maria, Age 49
DIABETES

José, Age 64
CHRONIC OBSTRUCTIVE PULMONARY DISEASE (COPD)

93% of adults hospitalized for flu during the 2018-2019 season had at least one reported underlying medical condition.

28+ million adults have heart disease and are at 6x increased risk of heart attack within 7 days of flu infection.

30+ million adults have diabetes and are 3x more likely to die from flu-related complications.

39+ million adults have asthma and/or COPD, putting them at greater risk of serious flu-related complications.

Annual flu vaccination is the best way to protect yourself from flu and serious long-term complications.

#LowerYourFluRisk #FightFlu

Learn more at www.nfid.org/flu-chronic-health-conditions