

YOU MAY REGRET SOME THINGS IN LIFE...

But you won't regret getting vaccinated against meningococcal disease.



MENINGOCOCCAL DISEASE CAN BE DEADLY



*"It could happen to anyone.
Please make sure you are vaccinated. You won't regret it."*

– Heather Tufano

Heather was a freshman in college when she suddenly developed a fever, chills, and pain in her joints so extreme that she could not walk. Then, a purplish rash spread quickly all over her legs. She was rushed to the hospital where she was given a five percent chance of survival. She was in the hospital for three months and underwent roughly eight surgeries, including the amputation of her right foot and two fingers. **She hopes her story will encourage others to get vaccinated.**

ASK ABOUT VACCINES TO PREVENT MENINGOCOCCAL DISEASE

Visit nfid.org/meningococcal to learn more about vaccines to prevent meningococcal disease

