**Meningococcal Disease Can Be Deadly**

1 in 10 people who get it die

**Up to 2 in 10 Suffer from Permanent Complications**
- Brain damage
- Kidney damage
- Deafness
- Limb loss

**Early Symptoms:**
Often mistaken for flu or other less serious illnesses

**Symptoms Usually Progress Fast!**
High fever, headache, stiff neck, confusion, nausea, vomiting, exhaustion, purplish rash, and death can happen in as little as 1-2 days

**What Increases Your Risk of Meningococcal Disease?**

- Being an adolescent or young adult (16-23 years old), whether you’re in college or not
- Spending time in large groups (from parties to dorms)
- Participating in behaviors like kissing or sharing drinks (where saliva is shared)

**Two Kinds of Vaccines Prevent Against Meningococcal Disease**

- MenB is the most common cause of disease in adolescents and young adults*
- MenACWY vaccine

Vaccination is the best way to protect against it.

Visit nfid.org/meningococcal to learn more about vaccines to prevent meningococcal disease

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*Cases in 11-24 year olds in the US by serogroup (2009-2013)