US adults with chronic health conditions are at high risk for flu-related complications:
- Exacerbation of chronic health conditions
- Permanent physical decline
- Risk of heart attack or stroke
- Death

93% of adults hospitalized for flu during the 2018-2019 season had at least one reported underlying medical condition.

28+ million adults have heart disease and are at 6x increased risk of heart attack within 7 days of flu infection.

30+ million adults have diabetes and are 3x more likely to die from flu-related complications.

39+ million adults have asthma and/or COPD, putting them at greater risk of serious flu-related complications.

Annual flu vaccination is the best way to protect patients with chronic health conditions from serious long-term complications of flu.

Visit www.nfid.org/flu-chronic-health-conditions for additional resources

#LowerYourFluRisk #FightFlu