



65+?

# Learn What's True About Flu.



1

**The immune system gets stronger with age, making vaccines less important.**

**FALSE.** The immune system gradually deteriorates over time, making it harder for our bodies to fight disease.

2

**The risk of serious complications from flu increases with age.**

**TRUE.** Adults who are age 65 years and older are at a higher risk for flu-related hospitalization, complications, and even death.

3

**Age does not impact the ability to recover from flu.**

**FALSE.** Even if they recover from flu, older adults (65+) may never fully regain pre-flu health and abilities, significantly impacting their lifestyle.

4

**Adults with chronic conditions are at an even higher risk of flu-related complications.**

**TRUE.** Several weeks after recovering from flu symptoms, older adults may still be at an increased risk of a heart attack, stroke, or other cardiovascular problems.

## ASK YOUR HEALTHCARE PROFESSIONAL

about the specific influenza vaccine most beneficial for you.

#GetVaccinated to #FightFlu!

