

# City of Birmingham

## Proclamation

**WHEREAS,** *Nearly 1 in 3 people will get shingles in their lifetime shingles is a disease caused by the same virus that causes chickenpox, so anyone who has had chickenpox is at risk for shingles (about 98% of US adults); and*

**WHEREAS,** *Shingles is a viral infection that causes a painful rash that can be severe along with other symptoms including long-term nerve pain, fever, headache, chills, upset stomach, muscle weakness, skin infection, scarring, decrease or loss of vision or hearing; and*

**WHEREAS,** *Shingles is more severe in older adults and the Centers for Disease Control and Prevention (CDC) recommends that adults age 60 years and older get a shingles vaccine to help prevent shingles; and*

**WHEREAS,** *The shingles vaccine reduces the risk of developing shingles by 51% and reduces the risk of prolonged pain at the rash site by 67% half of the population who lives to age 85 will experience shingles during their lifetime, but only 24% of adults age 60 years and older have received the shingles vaccine; and*

**WHEREAS,** *According to CDC, Alabama ranks 48th nationally in shingles vaccination rates in the 60-64 age group. The National Foundation for Infectious Disease (NFID) is dedicated to educating the public and healthcare professionals about the causes, prevention, and treatment of infectious diseases across the lifespan, including shingles; and*

**WHEREAS,** *NFID, in partnership with the city of Birmingham, through Shingles Awareness Month, will create public awareness about the importance of shingles vaccination among adults age 60 years and older.*

**NOW, THEREFORE, I, MAYOR** of the City of Birmingham, Alabama, do hereby proclaim March 2017 as,

### **“SHINGLES AWARENESS MONTH”**

*in Birmingham, and encourage all of our citizens to recognize and become more aware of the importance of treating this infection.*



*IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of Birmingham, Alabama to be affixed this the 1<sup>st</sup> day of March 2017.*

*Dullian A. Bell, Jr.*  
MAYOR