



65+?

Learn What's True About Flu.



1

The immune system gets stronger with age, making vaccines less important.

FALSE. The immune system gradually deteriorates over time, making it harder for our bodies to fight disease.

2

The risk of serious complications from flu increases with age.

TRUE. Adults who are age 65 years and older are at a higher risk for flu-related hospitalization, complications, and even death.

3

Age does not impact the ability to recover from flu.

FALSE. Even if they recover from flu, older adults (65+) may never fully regain pre-flu health and abilities, significantly impacting their lifestyle.

4

Adults with chronic conditions are at an even higher risk of flu-related complications.

TRUE. Several weeks after recovering from flu symptoms, older adults may still be at an increased risk of a heart attack, stroke, or other cardiovascular problems.

ASK YOUR HEALTHCARE PROFESSIONAL

about the specific influenza vaccine most beneficial for you.

#GetVaccinated to #FightFlu!

